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Electron rotating around a nucleus. It has a spin and an angular momentum L .

Spin-orbit coupling $\Rightarrow \alpha \mathbf{L} \cdot \mathbf{S}$.

$$\mathbf{B}_? = \frac{\mathbf{v}}{c} \times \mathbf{E} = \frac{\mathbf{v}}{c} \times \frac{Ze}{r^3} \mathbf{r} = -\frac{Ze}{m r^3 c} \mathbf{r} \times \mathbf{p} = -\frac{Ze}{m r^3 c} \mathbf{L}$$

$$H_{\text{eff}} = -\mu \mathbf{B}_{\text{eff}} \cdot \mathbf{S} = \frac{1}{2} \cdot \frac{Ze^2}{m^2 c^2 r^3} \mathbf{L} \cdot \mathbf{S}$$

$$H = \alpha \mathbf{L} \cdot \mathbf{S}$$

Spin 1/2, angular momentum $l=1$.

$$H = \frac{\alpha}{2} (J_{\text{tot}}^2 - L^2 - S^2), \quad 1 \otimes \frac{1}{2} = \frac{3}{2} \oplus \frac{1}{2}$$

$$J_{\text{tot}} = \frac{3}{2}: \quad \frac{\alpha}{2} \left[\frac{3}{2} \cdot \frac{5}{2} - 1 \cdot 2 - \frac{1}{2} \cdot \frac{3}{2} \right] = \frac{\alpha}{2} \left[\frac{15}{4} - \frac{8}{4} - \frac{3}{4} \right] = \frac{? \alpha}{2}$$

$$J_{\text{tot}} = \frac{1}{2} \Rightarrow \frac{\alpha}{2} \left[\frac{3}{4} - 2 - \frac{3}{4} \right] = -\alpha.$$

Magnetic field $\mathbf{B} \cdot (\mathbf{L} + g_e \mathbf{S})$

Example

$$\frac{1}{2} \otimes \frac{1}{2} = 1 \oplus 0$$

$$|j_1 j_2 j m\rangle = \sum_{m_1 m_2} |j_1 j_2 m_1 m_2\rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle$$

$$|j m\rangle = \sum_{m_1 m_2} \langle m_1 m_2 | j m\rangle |m_1 m_2\rangle$$

Singlet

$$|0, 0\rangle = \langle \frac{1}{2}, -\frac{1}{2} | 0, 0\rangle | \frac{1}{2}, -\frac{1}{2}\rangle + \langle -\frac{1}{2}, \frac{1}{2} | 0, 0\rangle | -\frac{1}{2}, \frac{1}{2}\rangle = \frac{1}{\sqrt{2}} \left(| \frac{1}{2}, -\frac{1}{2}\rangle - | -\frac{1}{2}, \frac{1}{2}\rangle \right)$$

...

$$r Y_1^0 = \sqrt{\frac{3}{4\pi}} z = T_0^1$$

$$r Y_1^{+1} = -\sqrt{\frac{3}{4\pi}} (x + iy) / \sqrt{2} = T_{+1}^1$$

$$r Y_1^{-1} = \sqrt{\frac{3}{4\pi}} (x - iy) / \sqrt{2} = T_{-1}^1$$

Define irreducible tensor operators

$$\mathcal{D}^\dagger(R) T_m^j \mathcal{D}(R) = \sum_{m'} \mathcal{D}_{m m'}^j(R) T_{m'}^j$$

$$|j m\rangle' = \mathcal{D}_{m m'}^j(R) |j m\rangle$$

$$\left(T_m^j\right)' = \mathcal{D}_{m m'}^j(R) T_m^j$$

$$|j_1 m_1\rangle \otimes |j_2 m_2\rangle = \mathcal{D}_{m_1 m_1'}^{j_1}(R) \mathcal{D}_{m_2 m_2'}^{j_2}(R) |j_1 m_1'\rangle \otimes |j_2 m_2'\rangle$$

$$T_{m_1}^{j_1} |j_2 m_2\rangle = \mathcal{D}_{m_1 m_1'}^{j_1}(R) \mathcal{D}_{m_2 m_2'}^{j_2}(R) T_{m_1'}^{j_1} |j_2 m_2'\rangle$$

$$|j_1 j_2 j m\rangle = \sum_{j, m} |j_1 j_2 m_1 m_2\rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle$$

$$|j_1 m_1\rangle \otimes |j_2 m_2\rangle = \sum_{j, m} |j_1 j_2 j m\rangle \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle$$

Wigner Eckart Theorem:

$$T_{m_1}^{j_1} |j_2 m_2\rangle = \sum_{j m} N_{j, j_1, j_2} |j m\rangle \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle$$

Dipole radiation \rightarrow transitions $j \rightarrow j \pm 1$.

Quadrupole T_m^2

$$\langle j m | T_0^2 | j' m' \rangle = 0$$

unless $|j - j'| \leq 2$, $j' = j \pm 2$, j , $m = m'$.

What is T_0^2 ?

$$T_1^1 = -(x + i y) \sqrt{2}$$

$$T_0^1 = z$$

$$T_{-1}^1 = (x - i y) \sqrt{2}$$

$$T_0^2 = \frac{1}{\sqrt{6}} (T_1^1 T_{-1}^1) + \sqrt{\frac{2}{3}} (T_0^1 T_0^1) + \frac{1}{\sqrt{6}} (T_{-1}^1 T_1^1)$$